

## **GUIDE** TO YOUR BENEFITS

# WELCOME TO OPEN ENROLLMENT

At Kirby, we know how important it is to have good, affordable health and group benefits and a retirement program that helps you save for your future. That's why we offer competitive benefits that can provide protection, peace of mind, and savings. Whether it's health care, income protection, retirement savings, or other benefits such as the Employee Assistance Program, we've got you covered.

This guide provides a general overview of your benefit choices and enrollment information to help you select the coverage that's right for you.

### **ENROLLMENT**

### DO I NEED TO ENROLL?

Before deciding whether you need to enroll in Kirby's health and group benefits, keep in mind that there are many good reasons to take a close look at all the benefits and options Kirby offers you, even if you're already covered under Kirby benefits.

For instance, you may experience changes from year to year. And there likely will be changes to what you pay for coverage each year. So, it's a good idea to make sure your benefits still fit you — and that you're not paying for more coverage than you need.

You must submit enrollment forms if you want to:

- · Change or add to your medical, dental, or vision coverage for next year
- Update your beneficiary forms, and enroll in the new Prudential Supplemental Life offering
- Contribute to the Health Care and/or Dependent Care Flexible Spending Accounts (FSAs)

If you don't enroll, your current elections will remain (other than FSA). To enroll, submit the required form(s) to Human Resources by the deadline.

### WHEN CAN I FNROIL?

As a benefits-eligible employee, you have the opportunity to enroll in or make changes to your benefit plans during our annual benefits enrollment period. Annual enrollment begins on October 17th and you have until October 28th to make your elections. Coverage will begin effective 1/1/2023. You do not need to do anything during open enrollment if you are not making changes (other than making an FSA election for 2023).

**If you're enrolling as a** *new employee*, you become eligible for benefits on your date of hire and you must enroll within 30 days to have coverage for the rest of the plan year. You only need to enroll for the next plan year's benefits during the annual enrollment period if you wish to make changes.

### **ELIGIBILITY**

### WHO CAN I COVER?

You have the option of enrolling yourself and your eligible dependents in medical, dental, and/or vision benefits. Eligible dependents include your:

- · Spouse or domestic partner
- Child(ren) up to age 26 regardless of marital or student status
- Unmarried child(ren) of any age who are incapable of supporting themselves due to a mental or physical disability and who are totally dependent on you

### **COVERING DEPENDENTS?**

You may be required to provide proof of eligibility for any new dependent you want to add to your coverage. Kirby may conduct a dependent eligibility audit at any time.

### DOMESTIC PARTNER COVERAGE

Domestic partners are eligible to enroll as dependents in the benefit plans. You and your partner must meet specific criteria to qualify for domestic partner coverage. In general, employee premium contributions for domestic partners must be deducted from pay on an after-tax basis (not pretax). In addition, any premium contributions made by Kirby on behalf of your domestic partner are considered taxable income to you. Please contact Human Resources for more information and forms.

### WHAT IF THINGS CHANGE?

The benefits you choose will be in place 1/1 - 12/31. You can't change your coverage during that time unless you have a qualified life event. You must make any eligible changes within 30 days of any qualified life event that takes place. Qualified life events include, but are not limited to:

- Marriage, legal separation, or divorce
- Birth, legal adoption of a child, or placement of a child with you for legal adoption
- · Death of your spouse, domestic partner, or a dependent child
- Change in residence (if your current coverage isn't available in the new location or if you are offered an option that you were not previously offered)

After a qualified life event, your new coverage will begin immediately.\*

\*Within 60 days of the event if you, your spouse, or your eligible dependent child loses coverage under Medicaid or a state Children's Health Insurance Program (CHIP) or becomes eligible for state-provided premium assistance.

### **TFRMS**

#### COINSURANCE

The percentage of total costs that you pay out-of-pocket for covered expenses after you meet the deductible.

### **COPAY (COPAYMENT)**

The set fee you have to pay out-of-pocket for certain services, such as a doctor's office visit or prescription drug.

### **DEDUCTIBLE**

The amount you pay out-of-pocket before the health plan will start to pay its share of covered expenses.

### **NETWORK**

The doctors, pharmacists, and/or other health care providers who make up the plan's preferred providers. When you use in-network providers, you pay less because they have agreed to prenegotiated pricing. Also called in-network.

#### **OUT-OF-POCKET MAXIMUM**

The most you pay each year out-of-pocket for covered expenses. Once you've reached the out-of-pocket maximum, the health plan pays 100% for covered expenses.

### PREVENTIVE CARE

Services you receive to help you stay healthy (rather than when you're sick or injured). Preventive care services include annual physicals, wellness screenings, and well-baby care.

# MEDICAL AND PRESCRIPTION DRUG BENEFITS

Kirby offers employees a comprehensive, high-quality medical plan that includes prescription drug coverage. This option features a network of doctors and specialists who have agreed to provide services at a discounted price. You can see providers outside of the network, but if you use the in-network providers, you'll pay less. As you can see, receiving care at Kirby Medical Center can result in lower costs to you in certain situations. Keep Kirby in mind whenever you and your family need medical care. The information below is a summary of coverage only. Contact Human Resources for detailed plan summaries.

### MEDICAL BENEFITS SUMMARY (INCLUDES RX)

Any deductibles, copays, and coinsurance percentages shown in the chart below are amounts for which you are responsible.

| BENEFIT   | HEALTH ALLIANCE TRIPLE OPTION PPO |                        |                            | HEALTH ALLIANCE \$5000 PPO -<br>NO HRA |                |
|---|-----------------------------------|------------------------|----------------------------|--|----------------|
|   | Tier 1<br>(Kirby Medical Center)  | Tier 2<br>(In-Network) | Tier 3<br>(Out-of-Network) | In-Network                             | Out-of-Network |
| Annual Calendar Year Dec                          | ductible                          |                        |                            |  |                |
| Individual  | \$3,000**                         | \$3,000**              | \$3,000**                  | \$5,000                                | \$13,700       |
| Family  | \$9,000**                         | \$9,000**              | \$9,000**                  | \$10,000                               | \$27,400       |
| Out-of-Pocket Maximum*                            |                                   |                        |                            |  |                |
| Individual<br>(Includes Deductible)               | \$5,000                           | \$5,000                | \$10,000                   | \$6,850                                | \$27,400       |
| Family<br>(Includes Deductible)                   | \$14,700                          | \$14,700               | \$30,000                   | \$13,700                               | \$82,200       |
| Lifetime Maximum                                  | Unlimited                         |                        |                            |  |                |
| Coinsurance<br>(Portion You Pay)                  | 10%                               | 20%                    | 50%                        | 20%                                    | 50%            |
| Physician Services                                |                                   |                        |                            |  |                |
| Office Visit                                      | \$25                              | \$25                   | 50%                        | \$40                                   | 50%            |
| Specialist Visit                                  | \$35                              | \$35                   | 50%                        | \$65                                   | 50%            |
| Preventive Care                                   | 0%                                | 0%                     | 50%                        | 0%                                     | 50%            |
| Diagnostic Services                               | 10%                               | 20%                    | 50%                        | 20%                                    | 50%            |
| Outpatient Services                               | 10%                               | 20%                    | 50%                        | 20%                                    | 50%            |
| Inpatient Hospital<br>Services (Per<br>Admission) | 10%                               | 20%                    | 50%                        | 20%                                    | 50%            |
| <b>Emergency Treatment</b>                        |                                   |                        |                            |  |                |
| Urgent Care Copay                                 | \$35                              | \$35                   | 50%                        | \$80                                   | 50%            |
| Emergency Room Copay (Waived If Admitted)         | \$175                             | \$175                  | \$175                      | \$250                                  | \$250          |
| Retail Prescriptions (30-D                        | ay Supply)                        |                        |                            |  |                |
| Generic   | \$10                              | \$10                   | 50%                        | \$20                                   | 50%            |
| Preferred Brand                                   | \$30                              | \$30                   | 50%                        | \$40                                   | 50%            |
| Non-preferred Brand                               | \$60                              | \$60                   | 50%                        | \$50                                   | 50%            |
| Mail-Order Prescriptions                          | (90-Day Supply)                   |                        |                            |  |                |
| Generic   | \$20                              | \$20                   | 50%                        | \$40                                   | 50%            |
| Preferred Brand                                   | \$60                              | \$60                   | 50%                        | \$80                                   | 50%            |
| Non-preferred Brand                               | \$120                             | \$120                  | 50%                        | \$100                                  | 50%            |

<sup>\*</sup>Includes all Medical and Rx copays, deductibles, and coinsurance. Deductibles are not individually accumulated – they cross apply.

<sup>\*\*</sup>Kirby will continue to fund your Health Care Reimbursement Account (HRA) through Benefit Planning Consultants (BPC); please see the chart below for funding amounts.

## EMPLOYEE CONTRIBUTIONS

| EMPLOYEE CONTRIBUTIONS – KIRBY<br>\$3,000/\$6,000/\$9,000 PPO<br>(MONTHLY) | 2023 TOTAL MONTHLY<br>PREMIUM             | 2023 EMPLOYEE MONTHLY<br>PREMIUM* | 2023 KIRBY MONTHLY<br>CONTRIBUTIONS |  |  |
|--|---|-----------------------------------|-------------------------------------|--|--|
| Employee Only  | \$960.04                                  | \$210.41                          | \$749.63                            |  |  |
| Employee + Spouse/Domestic Partner   | \$2,096.66                                | \$458.88                          | \$1,637.78                          |  |  |
| Employee + Child(ren)  | \$1,951.80                                | \$427.16                          | \$1,524.64                          |  |  |
| Employee + Family  | \$2,744.79                                | \$600.56                          | \$2,144.23                          |  |  |
| KIRBY HRA CONTRIBUTIONS (ANNUAL)   |   |                                   |                                     |  |  |
| Employee Only  | \$2,100.00                                |                                   |                                     |  |  |
| Employee + Spouse/Domestic Partner   | \$4,200.00                                |                                   |                                     |  |  |
| Employee + Child(ren)  | \$4,200.00 (Child); \$6,300.00 (Children) |                                   | dren)                               |  |  |
| Employee + Family  | \$6,300.00                                |                                   |                                     |  |  |
| EMPLOYEE CONTRIBUTIONS - KIRBY<br>\$5,000 PPO - NO HRA (MONTHLY)           | 2023 TOTAL MONTHLY<br>PREMIUM             | 2023 EMPLOYEE MONTHLY<br>PREMIUM* | 2023 KIRBY MONTHLY<br>CONTRIBUTIONS |  |  |
| Employee Only  | \$789.81                                  | \$133.22                          | \$656.59                            |  |  |
| Employee + Spouse/Domestic Partner   | \$1,723.42                                | \$376.40                          | \$1,347.02                          |  |  |
| Employee + Child(ren)  | \$1,605.01                                | \$351.03                          | \$1,253.98                          |  |  |
| Employee + Family  | \$2,256.31                                | \$492.71                          | \$1,763.60                          |  |  |

<sup>\*\$50</sup> smoker surcharge will be applied to Employee Monthly contributions where applicable.

### ADVANTAGES OF A HEALTH REIMBURSEMENT ACCOUNT (HRA)

If you are enrolled in the Health Alliance Triple Option PPO health plan offering, you are automatically enrolled in the Kirby Health Reimbursement Account (HRA) with Benefit Planning Consultants (BPC). A Health Reimbursement Account is a tax-advantaged benefit that allows employees to save on the cost of health care. Enrolling in an HRA provides two major advantages to employees: (1) a reduced health insurance premium resulting from the High Deductible Health Plan, and (2) availability of employer-sponsored funds to pay for medical expenses incurred prior to the point at which the insurance deductible is met.

HRA plans are employer-funded medical reimbursement plans. Kirby sets aside a specific amount of pre-tax dollars for employees to pay for health care expenses on an annual basis. The HRA can help generate significant savings in overall health benefits. Below are the levels that Kirby funds the HRA annually:

- EE = \$2,100.00
- EE+1 = \$4,200.00
- EE+ Family = \$6,300.00

Additionally, Kirby allows for employees to roll over HRA funds given the following rules: An employee is allowed to roll over their HRA balance; however, the balance of the account cannot exceed the deductible.

Please reach out to Human Resources with questions on eligible expenses.

## DENTAL & VISION BENEFITS

### **DENTAL BENEFITS SUMMARY**

Dental coverage is important to your overall health and wellness. You can enroll in dental benefits through Delta Dental of IL for yourself and your family. With Delta Dental PPO Plus Premier Plan, you will maximize your benefits by receiving care from a Delta Dental PPO or Delta Dental Premier network dentist. Delta Dental's network dentists have agreed to reduced fees as payment in full, which means you will likely save money by going to a Delta Dental PPO or Delta Dental Premier network dentist. Non-network dentists have not agreed to accept our reduced fees as payment in full, which means they may bill you for any charges over our allowed fees.

Any deductibles, copays, and coinsurance percentages shown in the chart below are amounts for which you are responsible.

| BENEFIT                          | DELTA DENTAL PPO<br>NETWORK | DELTA DENTAL PREMIER®<br>NETWORK | NON-NETWORK |  |
|----------------------------------|-----------------------------|----------------------------------|-------------|--|
| Maximum Benefit                  | \$1,500                     | \$1,500                          | \$1,500     |  |
| Deductible                       | \$0                         | \$0                              | \$0         |  |
| Preventive Services              | 0%                          | 0%                               | 0%          |  |
| Basic Services                   | 20%                         | 20%                              | 20%         |  |
| Major Services                   | 50%                         | 50%                              | 50%         |  |
| Orthodontia to Age 19            | 50%                         | 50%                              | 50%         |  |
| Lifetime Ortho Maximum           | \$2,000                     | \$2,000                          | \$2,000     |  |
| EMPLOYEE CONTRIBUTIONS (MONTHLY) |                             |                                  |             |  |
| Employee Only                    | \$15.00                     |                                  |             |  |
| Employee + Spouse                | \$38.00                     |                                  |             |  |
| Employee + Child(ren)            | \$38.00                     |                                  |             |  |
| Employee + Family                | \$57.00                     |                                  |             |  |

Your Delta Dental PPO Plus Premier plan includes the following features: Enhanced Benefit Program offers additional coverage for individuals who have specific health conditions (including pregnancy, diabetes, high risk cardiac conditions, and suppressed immune systems) that can be positively affected by additional oral health care.

### VISION BENEFITS SUMMARY

Kirby offers you and your dependents vision coverage through EyeMed. This information is only a summary of your vision coverage; contact Human Resources for more information about the vision plan.

| BENEFIT                           | IN-NETWORK MEMBER COST                         | OUT-OF-NETWORK REIMBURSEMENT |  |  |
|-----------------------------------|--|------------------------------|--|--|
| Exam                              | \$10   | Up to \$35                   |  |  |
| Lenses                            | \$10   | Varies                       |  |  |
| Frames                            | \$140 Allowance;<br>20% Off Balance Over \$140 | Up to \$70                   |  |  |
| CONTACT LENSES INSTEAD OF GLASSES |  |                              |  |  |
| Conventional/Disposable           | \$155 Allowance;<br>15% Off Balance Over \$155 | Up to \$124                  |  |  |
| Medically Necessary               | Paid in Full                                   | Up to \$200                  |  |  |
| EMPLOYEE CONTRIBUTIONS (MONTHLY)  |  |                              |  |  |
| Employee Only                     | \$5.00   |                              |  |  |
| Employee + 1                      | \$7.00   |                              |  |  |
| EE + Family                       | \$10.00  |                              |  |  |

# INCOME PROTECTION BENEFITS

Kirby provides eligible employees with a variety of plans to provide replacement income for you or your beneficiaries in the event of disability, accident, or death. The following information is a summary of coverage only. Refer to your summary plan description (SPD) or certificate of coverage for more details.

Kirby provides the following benefits at no cost to you:

- · Basic Life Insurance
- Accidental Death and Dismemberment (AD&D)
- Long-Term Disability

### LIFE INSURANCE AND ACCIDENTAL DEATH AND DISMEMBERMENT

### BASIC LIFF AND AD&D

Kirby provides you with Basic Life Insurance in the amount of 2x and AD&D coverage in the amount of 2x earnings. Employees that work at least 24 hours per week are eligible. Additional conditions apply. Please see HR for details.

### SUPPLEMENTAL TERM LIFE

You have access to Supplemental Life Insurance through Prudential, which gives you the opportunity to buy valuable life insurance coverage for yourself, your spouse, and your dependent children - all at affordable group rates. Employees that work at least 30 hours per week are eligible. Additional conditions apply. Please see HR for details.

### Key Provisions:

#### • Employee:

- \$10,000 increments to a max of the lesser of 5x pay or \$500,000
- Guaranteed Issue of \$100,000 (no medical questions asked up to that level during the initial offering)
- Supplemental AD&D available as well (100% Supplemental Life election)

#### • Spouse:

- \$5,000 increments to a max of \$100,000 (not to exceed 50% of employee's optional life amount)
- Guaranteed Issue of \$25,000 (no medical questions asked up to that level!)
- Supplemental AD&D available as well (100% of Dependent Life election)

### • Child(ren):

- 15 days to 6 months = \$1,000
- 6+ months = \$1,000 increments to a max of \$10,000 (not to exceed 50% of employee's optional life amount)

### DISABILITY

You have access to Long-Term Disability (LTD) Insurance through Prudential.

• Long-Term Disability Insurance: This benefit pays a portion of your income if you continue to be disabled. To qualify, you must be disabled for 90 days. LTD benefits provide you with 60% of your annual base pay up to a \$10,000 monthly maximum. Kirby pays the full cost of this coverage.

<sup>\*</sup>Please see enrollment forms and Prudential plan summary for further details.

## ADDITIONAL BENEFITS

### FLEXIBLE SPENDING ACCOUNTS

Kirby offers two types of FSAs that can help you save on a pretax basis for out-of-pocket expenses:

- You can use the Health Care FSA to pay for eligible health care expenses such as medical, dental, or vision plan deductibles, copays, and/or coinsurance, as well as for prescription drugs.
- You can use the **Dependent Care FSA** for eligible child and elder care expenses so you (and your spouse/domestic partner) can work or go to school.

Each year, you can contribute up to \$3,050\* to the Health Care FSA and up to \$5,000 to the Dependent Care FSA. And, your entire contribution amount is available to you right away—even if you haven't made a "deposit" yet. There are tax savings, too, because contributions go from your paycheck into your FSA before taxes are figured. This lowers your taxable income, so you pay less in taxes. Plus, when you have eligible expenses, you pay for them with tax-free money.

Be sure to plan carefully when determining how much to contribute to either FSA. Any unused balance at the end of the plan year will be forfeited.

Contact Human Resources for a current list of eligible expenses, claims filing deadlines, and other information about your accounts.

### **EMPLOYEE ASSISTANCE PROGRAM**

Through the Employee Assistance Program (EAP), you and eligible members of your household have 24/7 access to confidential counseling to help you address issues such as relationship struggles, drug and alcohol abuse, financial hardship, and general stress or depression. Many issues can be addressed directly with an EAP professional; in some cases, you may be referred to other resources. The Employee Assistance Program can be reached at 1-800-228-6380 or at www.carleresolutions.com.

### **METLAW**

Kirby provides employees with access to MetLaw, a network of over 14,000 attorneys with an average of 25 years of experience for only \$21 per month. This service provides employees flexibility to select an attorney that best meets their individual needs. For more information on services covered, please see additional information provided by HR.

\*Limits subject to change in accordance with IRS guidelines.

### 401(k) RETIREMENT PLAN

Please refer to the Kirby Hospital 401(k) Plan summary on the KMC intranet for more complete details.

### **ELIGIBILITY CONDITIONS**

An employee is eligible to participate in the 401(k) Plan if they have attained age 18 and have completed three months of service. You may enter the Plan on the first of the month following eligibility. Full-time and part-time employees may participate. PRN employees are not eligible to participate. To be eligible for Profit Sharing, you must be a participant, employed on the last day of the Plan year, and have completed at least 1,000 hours of service during the Plan year.

### **EMPLOYEE CONTRIBUTIONS**

As a participant under the Plan, you may elect to reduce your compensation by a specific percentage and have that amount contributed to the Plan as a salary deferral. There are two types of salary deferrals – Pre-Tax 401(k) and post-tax Roth 401(k).

### MATCHING CONTRIBUTIONS AND VESTING

Kirby Medical Center may make matching discretionary contributions to the Plan. KMC may also make discretionary Profit Sharing contributions. The Plan has a vesting schedule that determines the percentage of matching contributions a participant will retain following employment separation. The vesting schedule is based on years of service with Kirby Medical Center and participants are 100% vested after six (6) years of service. The current employer match is 150% of up to the first 4% of the employee's contribution.

### **PET INSURANCE**

Your pets are an important part of your family. Kirby offers pet insurance through Nationwide. Coverage is available for dogs, cats, birds, reptiles, and other exotic pets. Coverage may cover accidents, common illnesses, chronic illnesses, procedures, and more. Call 1-877-738-7874 or visit PetsNationwide.com to sign up.

### OTHER COVERAGE

Employees may enroll in various insurance programs through AFLAC using payroll deduction. Short term disability, cancer coverage, and accident insurance are examples of the types of coverage offered.

# GET MORE INFORMATION

### BENEFITS QUESTIONS?

If you have questions regarding eligibility, benefit plans, enrollment periods, or would like additional information, contact Human Resources.

### REFERENCES AND RESOURCES FOR ADDITIONAL INFORMATION

| BENEFIT                    | CONTACT                        | CALL                        | VISIT/EMAIL   | PLAN/GROUP ID  |
|----------------------------|--------------------------------|-----------------------------|---|--|
| Medical/Prescription Drug  | Health Alliance                | 1-800-851-3379,<br>Option 6 | www.healthalliance.org/customer or clientsupport@healthalliance.com | Plan number #002329<br>RX Group # HA0004<br>BIN # 005947 |
| Dental                     | Delta Dental                   | 1-800-323-1743              | www.deltadentalil.com   | 11606  |
| Vision                     | EyeMed                         | 1-866-939-3633              | www.eyemed.com  | 9708918  |
| Life Insurance             | Prudential                     | 1-800-842-1718              | www.prudential.com  | 62431  |
| Long-Term Disability       | Prudential                     | 1-800-842-1718              | www.prudential.com  | 62431  |
| Flexible Spending Accounts | BPC                            | 1-217-693-4245              | Jaime.porter@bpcinc.com   | BPCKIRBMED   |
| HRA                        | BPC                            | 1-217-693-4245              | Jaime.porter@bpcinc.com   | BPCKIRBMED   |
| Voluntary Benefits         | Aflac, James<br>Schwerdtfeger  | 1-217-454-8208              | james_schwerdtfeger@us.aflac.com                                    | N/A  |
| Pet Insurance              | Nationwide                     | 1-877-738-7874              | www.petsnationwide.com  | Kirby Medical Center                                     |
| EAP                        | Carle Resolutions              | 1-800-228-6380              | www.carleresolutions.com  | N/A  |
| 401(k) Savings             | Susan Busby                    | 1-217-762-1534              | sbusby2@kirbyhealth.org   | N/A  |
|                            | Unified Trust,<br>Diana Jordan | 1-217-820-1699              | Djordan@Americantrust.com   | N/A  |
| COBRA                      | Lisa Lynch                     | 1-215-531-9000 x197         | COBRA@bpcinc.com  | N/A  |
| HR Department              | Kathy Landreth                 | 1-217-762-1873              | klandreth@kirbyhealth.org   | N/A  |

### **ABOUT THIS GUIDE**

This Guide is a Summary of Material Modifications (SMM) providing information on various Kirby Medical benefit plans and outlining changes that take effect 1/1/2023. It is intended to provide an overview of changes and information about some of the benefit plans you are eligible for as an employee of Kirby. If any information in this Enrollment Guide conflicts with the plan documents and insurance policies, those plan documents and policies will govern. Kirby reserves the right to amend, modify or terminate these plans at any time. This Enrollment Guide does not constitute a contract of employment.

This guide gives a brief overview of the benefits available to you. For plan details, including covered expenses, exclusions, and limitations, please refer to the applicable summary plan description (SPD), certificate of coverage, or plan document for each plan. If any discrepancy exists between this guide and the plan document(s), the plan document(s) will govern. Kirby Medical Center reserves the right to make changes at any time.

## IMPORTANT NOTICES

### **ABOUT THIS GUIDE**

This guide highlights your benefits. Official plan and insurance documents govern your rights and benefits under each plan. For more details about your benefits, including covered expenses, exclusions, and limitations, please refer to the individual summary plan descriptions (SPDs), plan document, or certificate of coverage for each plan. If any discrepancy exists between this guide and the official documents, the official documents will prevail. Kirby Medical Center reserves the right to make changes at any time to the benefits, costs, and other provisions relative to benefits.

### REMINDER OF AVAILABILITY OF PRIVACY NOTICE

This is to remind plan participants and beneficiaries of the Kirby Medical Center Health and Welfare Plan (the "Plan") that the Plan has issued a Health Plan Privacy Notice that describes how the Plan uses and discloses protected health information (PHI). You can obtain a copy of the Kirby Medical Center Health and Welfare Plan Privacy Notice upon your written request to the Human Resources Department, at the following address:

Kirby Medical Center, Human Resources 1000 Medical Center Dr. Monticello, IL 61856

If you have any questions, please contact the Kirby Medical Center Human Resources Office at 1-217-762-1873.

### WOMEN'S HEALTH AND CANCER RIGHTS ACT

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan. Therefore, deductibles and coinsurance apply. If you would like more information on WHCRA benefits, call your plan administrator 1-217-762-1873.

### NEWBORNS' AND MOTHERS' HEALTH PROTECTION ACT DISCLOSURE

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

### **USERRA**

Your right to continued participation in the Plan during leaves of absence for active military duty is protected by the Uniformed Services Employment and Reemployment Rights Act (USERRA). Accordingly, if you are absent from work due to a period of active duty in the military for less than 31 days, your Plan participation will not be interrupted and you will continue to pay the same amount as if you were not absent. If the absence is for more than 31 days and not more than 24 months, you may continue to maintain your coverage under the Plan by paying up to 102% of the full amount of premiums. You and your dependents may also have the opportunity to elect COBRA coverage. Contact Kathy Landreth for more information.

Also, if you elect not to continue your health plan coverage during your military service, you have the right to be reinstated in the Plan upon your return to work, generally without any waiting periods or pre-existing condition exclusions, except for service connected illnesses or injuries, as applicable.

This guide contains important information about the Medicare Part D creditable status of your prescription drug coverage on page 11.

# MEDICARE PART D NOTICE OF CREDITABLE COVERAGE

### YOUR OPTIONS

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Kirby Medical Center and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- 1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
- 2. Kirby Medical Center has determined that the prescription drug coverage offered by the Kirby Medical Center Medical Plan through Health Alliance is, on average, for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

### WHEN CAN YOU JOIN A MEDICARE DRUG PLAN?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th through December 7th. However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

## WHAT HAPPENS TO YOUR CURRENT COVERAGE IF YOU DECIDE TO JOIN A MEDICARE DRUG PLAN?

If you decide to join a Medicare drug plan, your current Kirby Medical Center coverage may be affected. If you do decide to join a Medicare drug plan and drop your current Medical/Rx coverage, be aware that you and your dependents may not be able to get this coverage back.

### WHEN WILL YOU PAY A HIGHER PREMIUM (PENALTY) TO JOIN A MEDICARE DRUG PLAN?

You should also know that if you drop or lose your current coverage with Kirby Medical Center and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

## FOR MORE INFORMATION ABOUT THIS NOTICE OR YOUR CURRENT PRESCRIPTION DRUG COVERAGE:

Contact the person listed below for further information. NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through Kirby Medical Center changes. You also may request a copy of this notice at any time.

## FOR MORE INFORMATION ABOUT YOUR OPTIONS UNDER MEDICARE PRESCRIPTION DRUG COVERAGE:

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans. For more information about Medicare prescription drug coverage:

- Visit www.medicare.gov
- Call your State Health Insurance Assistance Program for personalized help. See the inside back cover of your copy of the "Medicare & You" handbook for their telephone number.
- Call 1-800-MEDICARE (1-800-633-4227) TTY users should call 1-877-486-2048

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at:

- www.socialsecurity.gov
- or call: 1-800-772-1213 (TTY: 1-800-325-0778)

Date: 1/1/2023

Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Name of Entity/Sender: Kirby Medical Center

Contact: Kathy Landreth Kirby Medical Center

Address: 1000 Medical Center Dr. Monticello, IL 61856

Phone Number: 1-217-762-1873

### YOUR ERISA RIGHTS

As a participant in the Kirby Medical Center benefit plans, you are entitled to certain rights and protections under the Employee Retirement Income Security Act of 1974 (ERISA), as amended. ERISA provides that all plan participants shall be entitled to receive information about their plan and benefits, continue group health plan coverage, and enforce their rights. ERISA also requires that plan fiduciaries act in a prudent manner.

### RECEIVE INFORMATION ABOUT YOUR PLAN AND BENEFITS

You are entitled to:

- Examine, without charge, at the plan administrator's office, all plan documents—including pertinent insurance contracts, trust agreements, and a copy of the latest annual report (Form 5500 Series) filed by the plan with the U.S. Department of Labor and available at the Public Disclosure Room of the Employee Benefits Security Administration;
- Obtain, upon written request to the plan's administrator, copies of documents governing the operation of the plan, including insurance contracts and copies of the latest annual report (Form 5500 Series), and updated summary plan description. The administrator may make a reasonable charge for the copies.
- Receive a summary report of the plan's annual financial report. The plan
  administrator is required by law to furnish each participant with a copy of
  this Summary Annual Report.

### CONTINUED GROUP HEALTH PLAN COVERAGE

You are entitled to:

- Continued health care coverage for yourself, spouse, or dependents
  if there is a loss of coverage under the plan as a result of a qualifying
  event. You or your dependents may have to pay for such coverage.
  Review this summary plan description governing the plan on the rules
  governing your COBRA continuation coverage rights.
- Reduce or eliminate exclusionary periods of coverage for pre-existing conditions under your group health plan, if you have credible coverage from another plan. You should be provided a certificate of credible coverage, free of charge, from your group health plan or health insurance issuer when:
- You lose coverage under the plan;
- You become entitled to elect COBRA continuation coverage;
- You request it up to 24 months after losing coverage.

### PRUDENT ACTIONS BY PLAN FIDUCIARIES

In addition to creating rights for plan participants, ERISA imposes duties upon the people who are responsible for the operation of the plans. The people who operate your plans are called "fiduciaries," and they have a duty to act prudently and in the interest of you and other plan participants and beneficiaries. No one, including your employer or any other person, may fire you or otherwise discriminate against you in any way to prevent you from obtaining a benefit or exercising your rights under ERISA.

### **ENFORCE YOUR RIGHTS**

If your claim for a benefit is denied or ignored, in whole or in part, you have a right to:

- · Know why this was done;
- · Obtain copies of documents relating to the decision without charge; and
- · Appeal any denial.

All of these actions must occur within certain time schedules. Under ERISA, there are steps you can take to enforce your rights. For instance, you may file suit in a federal court if:

- You request a copy of plan documents or the latest annual report
  from the plan and do not receive them within 30 days, you may file
  suit in a federal court. In such a case, the court may require the plan
  administrator to provide the materials and pay you up to \$110 a day until
  you receive the materials, unless the materials were not sent because of
  reasons beyond the control of the administrator;
- You have followed all the procedures for filing and appealing a claim (as outlined earlier in this summary) and your claim for benefits is denied or ignored, in whole or in part. You may also file suit in a state court.
- You disagree with the plan's decision or lack thereof concerning the qualified status of a domestic relations order or a medical child support order; or
- The plan fiduciaries misuse the plan's money, or if you are discriminated against for asserting your rights. You may also seek assistance from the U.S. Department of Labor.

The court will decide who should pay court costs and legal fees. If you are successful, the court may order the person you have sued to pay these costs and fees. If you lose, the court may order you to pay these costs and fees. This should occur if the court finds your claim frivolous.

### ASSISTANCE WITH YOUR QUESTIONS

If you have questions about how your plan works, contact the Human Resources Department. If you have any questions about this statement or your rights under ERISA, or if you need assistance in obtaining documents from the plan administrator, you should contact the nearest office listed on EBSA's website: <a href="https://www.dol.gov/agencies/ebsa/about-ebsa/about-us/regional-offices">https://www.dol.gov/agencies/ebsa/about-ebsa/about-us/regional-offices</a>.

Or you may write to the:
Division of Technical Assistance and Inquiries
Employee Benefits Security Administration
U.S. Department of Labor
200 Constitution Avenue, NW
Washington, DC 20210

You may also obtain certain publications about your rights and responsibilities under ERISA by calling the Employee and Employer Hotline of the Employee Benefits Security Administration at: 1-866-444-3272. You may also visit the EBSA's web site on the Internet at: https://www.dol.gov/agencies/ebsa.

# CONTINUATION COVERAGE RIGHTS UNDER COBRA

### INTRODUCTION

You are receiving this notice because you have recently become covered under a group health plan (the Plan). This notice contains important information about your right to COBRA continuation coverage, which is a temporary extension of coverage under the Plan. This notice generally explains COBRA continuation coverage, when it may become available to you and your family, and what you need to do to protect the right to receive it.

The right to COBRA continuation coverage was created by a federal law, the Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA). COBRA continuation coverage can become available to you when you would otherwise lose your group health coverage.

It can also become available to other members of your family who are covered under the Plan when they would otherwise lose their group health coverage. For additional information about your rights and obligations under the Plan and under federal law, you should review the Plan's Summary Plan Description or contact the Plan Administrator.

You may have other options available to you when you lose group health coverage. For example, you may be eligible to buy an individual plan through the Health Insurance Marketplace (www.healthcare.gov). By enrolling in coverage through the Marketplace, you may qualify for lower costs on your monthly premiums and lower out-of-pocket costs. Additionally, you may qualify for a 30-day special enrollment period for another group health plan for which you are eligible (such as a spouse's plan), even if that plan generally doesn't accept late enrollees.

#### WHAT IS COBRA CONTINUATION COVERAGE?

COBRA continuation coverage is a continuation of Plan coverage when coverage would otherwise end because of a life event known as a "qualifying event." Specific qualifying events are listed later in this notice. After a qualifying event, COBRA continuation coverage must be offered to each person who is a "qualified beneficiary." You, your spouse, and your dependent children could become qualified beneficiaries if coverage under the Plan is lost because of the qualifying event. Under the Plan, qualified beneficiaries who elect COBRA continuation coverage must pay for COBRA continuation coverage.

If you are an employee, you will become a qualified beneficiary if you lose your coverage under the Plan because either one of the following qualifying events happens:

- · Your hours of employment are reduced, or
- Your employment ends for any reason other than your gross misconduct.

If you are the spouse of an employee, you will become a qualified beneficiary if you lose your coverage under the Plan because any of the following qualifying events happens:

- Your spouse dies;
- Your spouse's hours of employment are reduced;
- Your spouse's employment ends for any reason other than his or her gross misconduct;
- Your spouse becomes entitled to Medicare benefits (under Part A, Part B, or both); or
- You become divorced or legally separated from your spouse.

Your dependent children will become qualified beneficiaries if they lose coverage under the Plan because any of the following qualifying events happen:

- The parent-employee dies;
- The parent-employee's hours of employment are reduced;
- The parent-employee's employment ends for any reason other than his or her gross misconduct;

- The parent-employee becomes entitled to Medicare benefits (Part A, Part B, or both);
- The parents become divorced or legally separated; or
- The child stops being eligible for coverage under the plan as a "dependent child."

### WHEN IS COBRA COVERAGE AVAILABLE?

The Plan will offer COBRA continuation coverage to qualified beneficiaries only after the Plan Administrator has been notified that a qualifying event has occurred. When the qualifying event is the end of employment or reduction of hours of employment, death of the employee, or the employee's becoming entitled to Medicare benefits (under Part A, Part B, or both), the employer must notify the Plan Administrator of the qualifying event.

### YOU MUST GIVE NOTICE OF SOME QUALIFYING EVENTS

For the other qualifying events (divorce or legal separation of the employee and spouse or a dependent child's losing eligibility for coverage as a dependent child), you must notify the Plan Administrator within 60 days after the qualifying event occurs. You must provide this notice to: Kirby Medical Center Human Resources or COBRA administrator.

#### HOW IS COBRA COVERAGE PROVIDED?

Once the Plan Administrator receives notice that a qualifying event has occurred, COBRA continuation coverage will be offered to each of the qualified beneficiaries. Each qualified beneficiary will have an independent right to elect COBRA continuation coverage. Covered employees may elect COBRA continuation coverage on behalf of their spouses, and parents may elect COBRA continuation coverage on behalf of their children. Any qualified beneficiary who does not elect COBRA within the 60-day election period specified in the election notice will lose his or her right to elect COBRA.

COBRA continuation coverage is a temporary continuation of coverage that generally lasts for 18 months due to employment termination or reduction of hours of work. When the qualifying event is the death of the employee, the employee's becoming entitled to Medicare benefits (under Part A, Part B, or both), your divorce or legal separation, or a dependent child's losing eligibility as a dependent child, COBRA continuation coverage lasts for up to a total of 36 months. When the qualifying event is the end of employment or reduction of the employee's hours of employment, and the employee became entitled to Medicare benefits less than 18 months before the qualifying event, COBRA continuation coverage for qualified beneficiaries other than the employee lasts until 36 months after the date of Medicare entitlement. For example, if a covered employee becomes entitled to Medicare 8 months before the date on which his employment terminates, COBRA continuation coverage for his spouse and children can last up to 36 months after the date of Medicare entitlement, which is equal to 28 months after the date of the qualifying event (36 months minus 8 months). Otherwise, when the qualifying event is the end of employment or reduction of the employee's hours of employment, COBRA continuation coverage generally lasts for only up to a total of 18 months. There are two ways in which this 18-month period of COBRA continuation coverage can be extended.

# CONTINUATION COVERAGE RIGHTS UNDER COBRA

### DISABILITY EXTENSION OF 18-MONTH PERIOD OF CONTINUATION COVERAGE

If you or anyone in your family covered under the Plan is determined by the Social Security Administration to be disabled and you notify the Plan Administrator in a timely fashion, you and your entire family may be entitled to receive up to an additional 11 months of COBRA continuation coverage, for a total maximum of 29 months. The disability would have to have started at some time before the 60th day of COBRA continuation coverage and must last at least until the end of the 18-month period of continuation coverage.

The disability extension is available only if you notify the Plan Administrator in writing of the Social Security Administration's determination of disability within 60 days after the latest of the date of the Social Security Administration's disability determination; the date of the covered employee's termination of employment or reduction in hours; and the date on which the qualified beneficiary loses (or would lose) coverage under the terms of the Plan as a result of the covered employee's termination or reduction in hours. You must also provide this notice within 18 months after the covered employee's termination or reduction in hours in order to be entitled to this extension. You must provide the notice in a timely manner.

## SECOND QUALIFYING EVENT EXTENSION OF 18-MONTH PERIOD OF CONTINUATION COVERAGE

If your family experiences another qualifying event while receiving 18 months of COBRA continuation coverage, the spouse and dependent children in your family can get up to 18 additional months of COBRA continuation coverage, for a maximum of 36 months, if notice of the second qualifying event is properly given to the Plan. This extension may be available to the spouse and any dependent children receiving continuation coverage if the employee or former employee dies, becomes entitled to Medicare benefits (under Part A, Part B, or both), or gets divorced or legally separated, or if the dependent child stops being eligible under the Plan as a dependent child, but only if the event would have caused the spouse or dependent child to lose coverage under the Plan had the first qualifying event not occurred.

### OTHER COVERAGE OPTIONS

Instead of enrolling in COBRA continuation coverage, there may be other coverage options for you and your family through the Health Insurance Marketplace, Medicaid, or other group health plan coverage options (such as a spouse's plan) through what is called a "special enrollment period." Some of these options may cost less than COBRA continuation coverage. You can learn more about many of these options at <a href="https://www.healthcare.gov">www.healthcare.gov</a>.

## CAN I ENROLL IN MEDICARE INSTEAD OF COBRA CONTINUATION COVERAGE AFTER MY GROUP HEALTH PLAN COVERAGE ENDS?

In general, if you don't enroll in Medicare Part A or B when you are first eligible because you are still employed, after the Medicare initial enrollment period, you have an 8-month special enrollment period to sign up for Medicare Part A or B, beginning on the earlier of:

- The month after your employment ends; or
- The month after group health plan coverage based on current employment ends.

If you don't enroll in Medicare and elect COBRA continuation coverage instead, you may have to pay a Part B late enrollment penalty and you may have a gap in coverage if you decide you want Part B later. If you elect COBRA continuation coverage and later enroll in Medicare Part A or B before the COBRA continuation coverage ends, the Plan may terminate your continuation coverage. However, if Medicare Part A or B is effective on or before the date of the COBRA election, COBRA coverage may not be discontinued on account of Medicare entitlement, even if you enroll in the other part of Medicare after the date of the election of COBRA coverage.

If you are enrolled in both COBRA continuation coverage and Medicare, Medicare will generally pay first (primary payer) and COBRA continuation coverage will pay second. Certain plans may pay as if secondary to Medicare, even if you are not enrolled in Medicare. For more information visit <a href="https://www.medicare.gov/medicare-and-you">https://www.medicare.gov/medicare-and-you</a>.

### IF YOU HAVE QUESTIONS

Questions concerning your Plan or your COBRA continuation coverage rights should be addressed to the contact or contacts identified below. For more information about your rights under ERISA, including COBRA, the Health Insurance Portability and Accountability Act (HIPAA), and other laws affecting group health plans, contact the nearest Regional or District Office of the U.S. Department of Labor's Employee Benefits Security Administration (EBSA) in your area or visit the EBSA website at <a href="https://www.dol.gov/agencies/ebsa">https://www.dol.gov/agencies/ebsa</a>. (Addresses and phone numbers of Regional and District EBSA Offices are available through EBSA's website.)

### KEEP YOUR PLAN INFORMED OF ADDRESS CHANGES

In order to protect your family's rights, you should keep the Plan Administrator informed of any changes in the addresses of family members. You should also keep a copy, for your records, of any notices you send to the Plan Administrator.

### PLAN CONTACT INFORMATION

For further information regarding the plan and COBRA continuation, please contact:

Kirby Medical Center Benefits Supervisor 1000 Medical Center Dr. Monticello, IL 61856 1-217-762-1873

### PREMIUM ASSISTANCE UNDER MEDICAID AND THE CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial 1-877-KIDS NOW or www.insurekidsnow.gov to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call 1-866-444-EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2022. Contact your State for more information on eligibility -

- 1. ALABAMA Medicaid Website: http://myalhipp.com/ Phone: 1-855-692-5447
- ALASKA Medicaid The AK Health Insurance Premium Payment Program Website: http://myakhipp.com/
  - Phone: 1-866-251-4861 Email: CustomerService@MyAKHIPP.com Medicaid Eligibility: http://dhss.alaska.gov/dpa/Pages/ medicaid/default.aspx
- ARKANSAS Medicaid Website: http://myarhipp.com/ Phone: 1-855-MyARHIPP (1-855-692-7447) CALIFORNIA – Medicaid
- Health Insurance Premium Payment (HIPP) Program Website: http://dhcs.ca.gov/hipp Phone: 1-916-445-8322 Fax: 1-916-440-5676
- Email: hipp@dhcs.ca.gov COLORADO Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+) Health First Colorado Website: https://www.healthfirstcolorado.com/ Health First Colorado Member Contact Center:
- 1-800-221-3943/ State Relay 711 CHP+: https://www.colorado.gov/pacific/hcpf/childhealth-plan-plus CHP+ Customer Service: 1-800-359-1991/ State Relay 711
- Health Insurance Buy-In Program (HIBI): https://www.colorado.gov/pacific/hcpf/health-insurancebuy-program
- HIBI Customer Service: 1-855-692-6442 FLORIDA Medicaid Website: https://www.flmedicaidtplrecovery.com/ flmedicaidtplrecovery.com/hipp/index.html Phone: 1-877-357-3268
- GEORGIA Medicaid GA HIPP Website: https://medicaid.georgia.gov/healthinsurance-premium-payment-program-hipp Phone: 1-678-564-1162, Press 1 GA CHIPRA Website: https://medicaid.georgia.gov/ programs/third-party-liability/childrens-health-insuranceprogram-reauthorization- act-2009-chipra
- Phone: 1-678-564-1162, Press 2 INDIANA Medicaid Healthy Indiana Plan for low-income adults 19-64 Website: http://www.in.gov/fssa/hip/ Phone: 1-877-438-4479 All other Medicaid Website: https://www.in.gov/medicaid/ Phone 1-800-457-4584 IOWA – Medicaid and CHIP (Hawki)
- Medicaid Website: https://dhs.iowa.gov/ime/members Medicaid Phone: 1-800-338-8366 Hawki Website: http://dhs.iowa.gov/Hawki Hawki Phone: 1-800-257-8563 HIPP Website: https://dhs.iowa.gov/ime/members/ medicaid-a-to-z/hipp HIPP Phone: 1-888-346-9562
- 10. KANSAS Medicaid Website: https://www.kancare.ks.gov/ Phone: 1-800-792-4884

- 11. KENTUCKY Medicaid
  - Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP)
  - Website: https://chfs.ky.gov/agencies/dms/member/Pages/

  - Website: https://chis.ky.gov/agencies/unis/hienbeh/1 ages/kihipp.aspx
    Phone: 1-855-459-6328
    Email: KIHIPP.PROGRAM@ky.gov
    KCHIP Website: https://kidshealth.ky.gov/Pages/index.aspx
    Phone: 1-877-524-4718
  - Kentucky Medicaid Website: https://chfs.ky.gov
- 12. LOUISIÁNA Medicaid Website: www.medicaid.la.gov or www.ldh.la.gov/lahipp Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)
- 13. MAINE Medicaid Enrollment Website: https://www.maine.gov/dhhs/ofi/ applications-forms Phone: 1-800-442-6003 TTY: Maine relay 711 Private Health Insurance Premium Webpage: https://www.maine.gov/dhhs/ofi/applications-forms Phone: 1-800-977-6740
- TTY: Maine relay 711 14. MASSACHUSETTS - Medicaid and CHIP Website: https://www.mass.gov/masshealth/pa Phone: 1-800-862-4840 TTY: 1-617- 886-8102 15. MINNESOTA – Medicaid
- Website: https://mn.gov/dhs/people-we-serve/children-and-families/health-care/health-care-programs/programsand-services/other-insurance.jsp
- Phone: 1-800-657-3739 16. MISSOURI Medicaid Website: http://www.dss.mo.gov/mhd/participants/pages/ hipp.htm
- Phone: 1-573-751-2005 17. MONTANA - Medicaid Website: http://dphhs.mt.gov/
- MontanaHealthcarePrograms/HIPP Phone: 1-800-694-3084 Email: HHSHIPPProgram@mt.gov
- 18. NEBRASKA Medicaid Website: http://www.ACCESSNebraska.ne.gov Phone: 1-855-632-7633 Lincoln: 1-402-473-7000 Omaha: 1-402-595-1178 19. NEVADA – Medicaid
- Medicaid Website: http://dhcfp.nv.gov Medicaid Phone: 1-800-992-0900
- 20. NEW HAMPSHIRE Medicaid Website: : https://www.dhhs.nh.gov/programs-services/medicaid/health-insurance-premium-program Phone: 1-603-271-5218 Toll free number for the HIPP program:
- 1-800-852-3345, ext 5218 21. NEW JERSEY - Medicaid and CHIP Medicaid Website: http://www.state.nj.us/humanservices/ dmahs/clients/medicaid/ Medicaid Phone: 1-609-631-2392 CHIP Website: http://www.njfamilycare.org/index.html CHIP Phone: 1-800-701-0710
- 22. NEW YORK Medicaid Website: https://www.health.ny.gov/health\_care/medicaid/ Phone: 1-800-541-2831

- 23. NORTH CAROLINA Medicaid Website: https://medicaid.ncdhhs.gov/ Phone: 1-919-855-4100
- 24. NORTH DAKOTA Medicaid Website: http://www.nd.gov/dhs/services/medicalserv/ medicaid/ Phone: 1-844-854-4825
- 25. OKLAHOMA Medicaid and CHIP Website: http://www.insureoklahoma.org Phone: 1-888-365-3742
- 26. OREGON Medicaid Website: http://healthcare.oregon.gov/Pages/index.aspx http://www.oregonhealthcare.gov/index-es.html Phone: 1-800-699-9075
- 27. PENNSYLVANIA Medicaid Website: https://www.dhs.pa.gov/providers/Providers/ Pages/Medical/HIPP-Program.aspx
- Phone: 1-800-692-7462

  28. RHODE ISLAND Medicaid and CHIP
  Website: http://www.eohhs.ri.gov/
  Phone: 1-855-697-4347, or 1-401-462-0311 (Direct RIte Share Line)
- 29. SOUTH CAROLINA Medicaid
- Website: https://www.scdhhs.gov Phone: 1-888-549-0820 30. SOUTH DAKOTA Medicaid Website: http://dss.sd.gov Phone: 1-888-828-0059
- 31. TEXAS Medicaid Website: http://gethipptexas.com/ Phone: 1-800-440-0493
- 23. UTAH Medicaid and CHIP Medicaid Website: https://medicaid.utah.gov/ CHIP Website: http://health.utah.gov/chip Phone: 1-877-543-7669
- 33. VERMONT Medicaid Website: http://www.greenmountaincare.org/ Phone: 1-800-250-8427
- 34. VIRGINIA Medicaid and CHIP Website: https://www.coverva.org/en/famis-select https://www.coverva.org/en/hipp Medicaid Phone: 1-800-432-5924
- CHIP Phone: 1-800-432-5924
  35. WASHINGTON Medicaid
  Website: https://www.hca.wa.gov/
  Phone: 1-800-562-3022
- 36. WEST VIRGINIA Medicaid and CHIP Website: https://dhhr.wv.gov/bms/ http://mywvhipp.com/ Medicaid Phone: 1-304-558-1700 CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699- 8447) 37. WISCONSIN – Medicaid and CHIP
- Website: https://www.dhs.wisconsin.gov/ badgercareplus/p-10095.htm Phone: 1-800-362-3002
- 38. WYOMING Medicaid Website: https://health.wyo.gov/healthcarefin/medicaid/ programs-and-eligibility/ Phone: 1-800-251-1269

To see if any other states have added a premium assistance program since July 31, 2022, or for more information on special enrollment rights, contact either:

### **GLOSSARY**

### AFFORDABLE CARE ACT AND PATIENT PROTECTION (ACA)

Also called Health Care Reform, the ACA requires health plans to comply with certain requirements. The ACA became law in March 2010. Since then, the ACA has required some changes to medical coverage—like covering dependent children to age 26, no lifetime limits on medical benefits, reduced FSA contributions, covering preventive care without cost-sharing, etc, among other requirements.

### **BRAND NAME DRUG**

The original manufacturer's version of a particular drug. Because the research and development costs that went into developing these drugs are reflected in the price, brand name drugs cost more than generic drugs.

### COINSURANCE

A percentage of costs you pay "out-of-pocket" for covered expenses after you meet the deductible.

### COPAYMENT (COPAY)

A fee you have to pay "out-of-pocket" for certain services, such as a doctor's office visit or prescription drug.

### **DEDUCTIBLE**

The amount you pay "out-of-pocket" before the health plan will start to pay its share of covered expenses.

### EMPLOYER CONTRIBUTION

Each month, the company provides you with an amount of money that you can apply toward the cost of your health care premiums. The amount of the employer contribution depends on who you cover. You can see the amount you'll receive when you enroll. If you're enrolling as a new hire, the employer contribution amount will be prorated based on your date of hire.

#### GENERIC DRUG

Lower-cost alternative to a brand name drug that has the same active ingredients and works the same way.

### HIGH-DEDUCTIBLE HEALTH PLAN (HDHP)

High-Deductible Health Plans (HDHPs) are health insurance plans with lower premiums and higher deductibles than traditional health plans. Only those enrolled in an HDHP are eligible to open and contribute tax-free to a Health Savings Account (HSA).

### HEALTH SAVINGS ACCOUNT (HSA)

A Health Savings Account (HSA) is a portable savings account that allows you to set aside money for health care expenses on a tax-free basis. You must be enrolled in a High-Deductible Health Plan in order to open an HSA. An HSA rolls over from year to year, pays interest, can be invested, and is owned by you—even if you leave the company.

### OUT-OF-POCKET MAXIMUM

The most you pay each year "out-of-pocket" for covered expenses. Once you've reached the out-of-pocket maximum, the health plan pays 100% for covered expenses.

#### PI AN YFAR

The year for which the benefits you choose during Annual Enrollment remain in effect. If you're a new employee, your benefits remain in effect for the remainder of the plan year in which you enroll, and you enroll for the next plan year during the next Annual Enrollment.

### PREVENTIVE CARE

Health care services you receive when you are not sick or injured—so that you will stay healthy. These include annual checkups, gender- and age-appropriate health screenings, well-baby care, and immunizations recommended by the American Medical Association.